

Gear and Daily Needs Come Train Prepared.



Outerwear/Innerwear

- Socks (recommendation: buy all the same sock so you don't have varying thicknesses...which affect boot fit)
- Pants (thermal pants underneath)
- Team Jacket and Extra Layer
- Gloves
- Liners
- Hand warmers
- Helmet
- Goggles
- Facemask
- Extra gloves
- Extra goggles or goggle lenses

Water, Food & More

- Suitable Backpack for Riding (lunches, water bottles and extra layers can be stored in the backpack)
- Water Bottle
- Lunch
- TWO** Snacks
- Personal needs such as EpiPen, Medication, etc.
(if your child needs medication during training, please communicate with their coach)