What a Summit Cup Competition Day looks like



Registration

You can register your athlete as soon as it becomes live on the web page. We also do same day registration but ensure you arrive early.

All resorts require waivers. In some cases you will be able to fill out waivers electronically if you register on-line. You can always fill out waivers during check-in the day of the event.

Check-in

Regardless of whether you registered on-line you need to check your athlete in to ensure waivers are on file and to get their race bib.

Lift Tickets - athletes receive a free lift ticket at check-in

Parent Lift Tickets – parents can buy a discounted lift ticket voucher at check-in. You will need to take the voucher to the ticket window to exchange the voucher for a lift ticket. See the event Fact Sheet for specifics on prices etc.

Parent Foot/Uphill Traffic – check the fact sheet for the location of the course. Call the resort directly to see if they allow foot traffic (meaning you access the course by walking off the chairlift and to the course) or uphill access (meaning you skin or snowshoe up to the course from the bottom of the resort).

Coach Assignments

You can choose to ski with your athlete during the competition day (everywhere BUT on the course) or your athlete can spend the day with a Team Summit Coach.

If you choose to ski with your athlete, YOU are responsible to ensure your athlete is where they need to be, when they need to be there. This includes having them lined up in bib order for course inspections and well before their start times.

If your athlete wants to ski with a Team Summit coach, they will be assigned a coach after check-in is complete. The coaches will be holding signs with age groupings so you will need to know what age group your athlete is in. There is no guarantee your athlete will be skiing with their "normal" ITS coach.

Please have your athlete geared up with their bib on.

Your athlete will need to bring their normal backpacks with extra gear, lunches, water and snacks when they leave with the coach.

Start of Event

Each event starts with a course inspection/practice. During this time, the athlete will have an opportunity to check out the course and prepare for their run. For detailed information on where and when inspection will take place please refer to the event fact sheet.

Athletes only get one competition run for most Summit Cup events so it is imperative they do not miss their start.

Parents... please be patient throughout the day! These events are meant to be fun for the kids but are primarily run by parent volunteers. This requires some patience and A LOT of flexibility.

Your athlete needs to be prepared to do a lot of waiting around throughout the day. This means they need to have their packs with them, bladders empty and hand warmers ready to go at any time. This is NOT exclusive to Summit Cups, this is at all levels of competitive skiing/riding. They need to be at the start early and wait patiently for their turn.

It can be difficult for the coaches to lap between runs as they need to ensure all of their athletes are where they need to be, when they need to be there.

Parent Etiquete

Please be patient and flexible throughout the day. These events are FREE and are primarily supported by parent volunteers. If you are stressed this will directly affect your athlete.

- Let the coaches, coach
- Be supportive and be a cheerleader
- Be respectful. If you would like to video your athlete,
 PLEASE be respectful of resort guests and watch where you are going
- The United States Ski and Snowboard Team strongly believes that a parents role is to be supportive and respectful of your athlete, the team and the coaches.

For additional information see the Intro to Team Summit website page or reach out to your coach.