

# THE SUMMIT FOUNDATION CUP COPPER MOUNTAIN RESORT 2020



## Pro-Tip #1

Be Early!

All ski and snowboard events rely on their athletes being on time! As many of you know, chairlifts can stop, parking can be surprisingly full, or the bus can be late. It's best to always give yourself extra time.

## Organizer Tips

Our goal is to host an event that is fair for everyone!

What we do for one person, we have to do for everyone in the interest of being fair.

This excludes extenuating circumstances.

## Pro-Tip #2

Your score doesn't define you.

Are you sick? Do you have a test tomorrow? These are all things that can affect one's score. Just remember it's one day. A growth mindset gets you to the highest levels. It forces you to improve for the next time and there are always more competitions.

## Bibs

Bibs must be returned before awards or families face a \$100 Lost Bib Fee.



## WELCOME

We hope this message finds you well!

The Summit Foundation Cup is an exciting introduction to competitive skiing and snowboarding! We have created this document to help answer several of our most common questions Athletes and Parents might have regarding the Event

Included below are three sections:

- General Event Information (aka Fact Sheet)
- Information for Athletes (and Parents)
- Information for Parents

Thank you so much for participating in these events! These are incredible opportunities to have a great time, meet new friends, and show off what you've learned.

If you have any questions, please do not hesitate to reach out to Phil K at 703.678.3187 or [phil@teamsummit.org](mailto:phil@teamsummit.org).

**DESCRIPTION** Join us for our annual Park and Pipe competition at Copper Mountain Resort, March 1st. The event is free to anyone age 15 or under, courtesy of The Summit Foundation. Register here: <https://www.eventbrite.com/e/the-summit-foundation-cup-2020-copper-mountain-park-pipe-registration-81065181139>

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**KEY DETAILS**

**Event** The Summit Foundation Cup - Park and Pipe

**Course** Mini Park and Small Park under the WWE

**Participants** Boys and Girls, Ski and Snowboard (Snb) age 15 and under  
\*\*This is an event for athletes **without** a USASA or USSA License

**Age Class** Ski: U16, U14, U12, U10 & U8 // Snowboard: U16, U12 & U8

**Entry** Sign up online: <https://www.eventbrite.com/e/the-summit-foundation-cup-2020-copper-mountain-park-pipe-registration-81065181139>

**Entry Fee** Free

**Deadlines** Friday, February 28th, 2020 at Noon

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SCHEDULE	7:00 am - 8:15am	Registration/Check-In Open	Jacks
	<b>8:30 am</b>	Racer's Meeting Lift Opens	Jacks
	<b>9:00 am - 9:45am</b>	Mini Pipe Inspection (45 minutes)	Mini Park
	<b>10:00 am</b>	Mini Pipe Run Commences	Mini Park
	<b>11:15 am</b>	Slopestyle Inspection (45 minutes)	Mini Park
	<b>12:00 pm</b>	Slopestyle Competition Commences	Mini Park
	<b>3:30 pm</b>	Awards - Location TBD	TBD

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**ADDITIONAL INFO**

**Athlete Lift Tickets** Use your season pass, or a complimentary lift ticket will be provided by Copper Mountain Resort for the day.

**Family Lift Tickets** \$74 Adult Spectator Tickets are available with purchase of RFID  
\$62 Kid (5-17) Spectator Tickets are available with purchase of RFID  
Lift ticket voucher available at Registration/Check-In.  
No foot traffic allowed.

**Volunteers** Volunteers are always in demand!  
Sign up to be a volunteer and receive:  
- 1 Volunteer Lift Ticket  
- Lunch  
- Volunteer hours (as applicable)  
[\[Click Here\]](#) or email [phil@teamsummit.org](mailto:phil@teamsummit.org) to volunteer

**Parking** Free parking is available in the Alpine Lot with shuttle service to Center Village. Busses run regularly.

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## Athletes (& Parents)

### Schedule

#### 7:00am- 8:15am

Registration open at Jacks

#### 8:30am

Athlete Meeting at Jacks

#### 9:00 am - 9:45am

Course inspection on the Mini Pipe (45 minutes)  
(accessed by the Woodward Express)

#### 10:00 am

Mini Pipe run commences

#### 11:15 am

Slopestyle course inspection (45 minutes)

#### 12:00 pm

Slopestyle run commences

#### 3:30 pm

Awards - Location to be announced at registration

### Format:

Judged event:

Athletes run the course one at a time.

Snowboarders will drop first, then girl skiers, then boy skiers.

### Athletes are responsible for:

- Registering as early as possible (7:00am).
- Having all necessary equipment on before the Athlete Meeting at 8:30am. (This means your boots are on!)
- Staying with your coach, and telling them when you're hungry or need to use the bathroom.
- Arriving to the start EARLY!
- Stay for awards (This makes you an amazing team player!)
- Tell your coach about any allergies or medications you are taking.
- Take your lunch, snacks, and layers on hill with you.
- Returning bibs (a bib bag is located by the exit corral).
- HAVING FUN!!!

### Judged Event?

Freestyle is a judged event, which means scores are based on the PAVE Model.

Progression, Amplitude, Variety, and Execution

### Warm Up

Your warm up run is just that: a warm up! This is not the time to try out new tricks, but keep it stock and simple so you can feel out the course.

### Start Order

You will be given a bib at registration. Usually, you will follow the bib number in front of you.

### Start Structure

Your starter will tell you when you can go down the course.  
Please wait for their signal.

### Pipe Start Time:

[Fill in your time]

### Slopestyle Start Time:

[Fill in your time]

### Coaches Name:

[Fill in your Coach]

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## Spectator Tickets

\$74 Spectator tickets  
\$62 Child Spectator tickets

All available with a voucher from registration

## Foot Traffic

No Foot Traffic is allowed on-hill due to safety concerns.

## Allergies/ Medications

Please communicate any Allergies/medications or special needs to your child's coach.

## Pick-Up

Check out with your coach before taking your child for the day.

## Try Everything!

Slopestyle scores are based off all the features! Each feature counts as a part of your total score. So if you skip a feature, you lose those points. It is better to attempt each feature than to skip it. (5 points for attempting the box puts you 5 points ahead of those who skipped it.)

## Parents

### Schedule

#### 7:00am-8:15am

Registration open at Jacks

#### 8:30am

Athlete meeting at Jacks

#### 9:00am-2:00pm

Inspection and competitions on the Mini Park under WWE

#### 3:30 pm

Awards - Location to be announced at Registration

### Parking:

Parking is free at the Alpine Lot with shuttle service to Center and West Village.

### Registration & Check-in/Bib Collection:

Registration is at Jacks from 7am - 8:15am

It will close sharply at 8:15am as we will need to conduct our athlete meeting and generate start lists.

\*If you are late, you run the risk of not being able to participate!

### Parents are responsible for:

#### - Being early!

- Packing layers, lunch, and snacks into a backpack for your athlete to take on-hill

- Staying outside of the venue! The venue is for the athletes, not parents. You can watch your kid from the side of the venue.

- Check out with the Coach before picking up your kid.

(Otherwise conduct lost child procedures aka lock down)

- Communicate allergies, medications and/or special needs to your child's coach.

- Results will be posted as soon as possible

- Lockers are available below Jacks by the bathrooms.

- Returning Bibs - there is a \$100 lost bib fee if not returned.

# What a Summit Foundation Cup Competition Looks Like



## Registration

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You can register your athlete as soon as it becomes live on the web page. Day-of registration is also possible provided there is still space available

All resorts require waivers. In some cases you will be able to fill out waivers electronically if you register on-line. You can always fill out waivers during check-in the day of the event.

## Checking-In

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Everyone must check in at the Registration Desk the morning of the event. The Registration Desk will have your bib, and lift tickets. Your athlete will not be allowed to participate in the event without a bib.

**Lift Tickets** - athletes receive a free lift ticket at check-in

**Family Lift Tickets** - parents can buy a discounted lift ticket voucher at check-in. You will need to take the voucher to the ticket window to exchange the voucher for a lift ticket. See the event Fact Sheet for specifics on prices etc.

**Foot Traffic/Uphill Traffic** - Some Resorts allow foot traffic, some don't. (Foot Traffic means you access the course by walking off the chairlift and to the course.) Same goes for those looking to skin during hours. Check the fact sheet or contact the resort for more information.

## Coach Assignments

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You can choose to ski with your athlete during the competition day though we strongly recommend your athlete join their assigned team.

If you choose to ski with your athlete, **YOU** are responsible to ensure your athlete is where they need to be, when they need to be there. This includes having them lined up in bib order for course inspections and well before their start times.

If your athlete wants to ski with a Team Summit coach, they will be assigned a coach after check-in is complete. The coaches will be holding signs with age groupings so you will need to know what age group your athlete is in. There is no guarantee your athlete will be skiing with their "normal" ITS coach.

Your athlete will need to bring their normal backpacks with extra gear, lunches, water and snacks when they leave with the coach. [Click here to see our recommended packing list for a competition day.](#)

## Parent Etiquette

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Please be patient and flexible throughout the day. These events are FREE and are primarily supported by parent volunteers.

- Ask the right questions - ie "did you have fun," instead of "did you win"
- Learn the Sport and Culture
- Understand your athletes goals
- Give Ownership to both your athlete and their coach

## Coach Assignments

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Each event starts with a course inspection/practice. During this time, the athlete will have an opportunity to check out the course and prepare for their run. For detailed information on where and when inspection will take place please refer to the event fact sheet.

Athletes only get one competition run for most Summit Cup events so it is imperative they do not miss their start.

Parents... please be patient throughout the day! These events are meant to be fun for the kids but are primarily run by parent volunteers.

Your athlete needs to be prepared to do a lot of waiting around throughout the day. This means they need to have their packs with them, bladders empty and hand warmers ready to go at any time. This is NOT exclusive to Summit Cups, this is at all levels of competitive skiing/riding. They need to be at the start early and wait patiently for their turn.

It can be difficult for the coaches to lap between runs as they need to ensure all of their athletes are where they need to be, when they need to be there.

### Have More Questions?

Email the event organizer  
or ask your personal coach

[www.teamsummit.org](http://www.teamsummit.org)



# “Comp Day” Gear & Needs

## Outerwear/Innerwear

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- Socks (recommendation: buy all the same sock so you don't have varying thicknesses...which affects boot fit)
- Pants (thermal pants underneath)
- Team Jacket and Extra Layer
- Gloves
- Liners
- Hand warmers
- Helmet
- Goggles
- Facemask
- Sunscreen

## Water, Food & More

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- Suitable Backpack for Skiing & Riding (lunches, water bottles and extra layers can be stored in the backpack)
- Water Bottle
- Lunch
- TWO Snacks in jacket pockets
- Personal needs such as EpiPen, Medication, etc.
- (if your child needs medication during training, please communicate with their coach)