

# U16 Academy Equipment



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## Uniforms

All Team Summit athletes receive a free Team Summit jacket, which promotes our sponsors. Athletes are required to wear these jackets during training and competition throughout the season.

## Helmets

All athletes must have an International Ski Federation (FIS) approved helmet to compete in Giant Slalom (GS), Super G, and Downhill (DH). Soft-eared helmets are permitted for Slalom (SL) only. Chin guards are recommended for SL.

## Skis

Ability Athletes: Should have one or two pairs of skis for both Slalom (SL) and Giant Slalom (GS).

Super G and DH: If competing in these disciplines, it is recommended to have one pair of skis for each event. TSC offers a limited inventory of loaner skis for speed events.

Free-Skiing Skis: All-mountain skis, slightly wider than racing skis, are ideal for free skiing.

## Boots

Athletes must wear properly fitting boots. TSC coaches will assist in ensuring proper alignment. Manufacturers recommend ski boot stiffness based on age, ability, weight, and height, with a preference for the lower end of the range to allow ankle flexibility. Custom footbeds are not recommended.

## Back Protectors and Cut-Resistant Apparel

Though not required, it is highly recommended that athletes wear back protectors for spinal protection and cut-resistant underlayers or suits to minimize the risk of ski edge lacerations.